



Nasonville School Newsletter

Char Ulrich, Principal

May/June 2020

May Events

- 1 **Happy May Day!**
- 5 **Teacher Appreciation Day!**
- 6 **National School Nurse Day!**
- 11 **Scotty's Pizza Night**
- 12 **Scotty's Pizza Night**
- 25 **Memorial Day**

June Events

- 5 **LAST DAY OF SCHOOL!**

Summer Vacation

From the Principal...

It certainly doesn't feel like we are coming to the end of another school year. This newsletter is typically packed with field trips and presentation information. Nevertheless, the school year is coming to a close and I am glad to see the warmer weather and sunny days coming our way. I can't thank everyone enough for all of the work that has been done to continue student learning and well-being. From the teachers connecting with families and preparing online and packet work, to the families who have had to become teachers in addition to their other job responsibilities. We are eager to have the children back at school to see what they have learned and how they have grown.

As we prepare to start summer vacation I want to wish all our students, staff, and families a fun, restful, and safe summer.

Good luck to our 6th graders as they transition on to the Middle School. Remember you carry the Nasonville name with you always...and we will miss you!





Student Belonging Pick-Up

Each Elementary School is utilizing a drive-through process. The drive-through process will be similar to the iPad pick-up. We are not allowed to let students, parents, or staff enter the building at this time. With that being said, we will deliver your student's supplies curbside. We will work hard to keep this process as efficient as possible. If your child has medication here that will also be available for pick up. Thank you in advance for your patience when picking up.

Thursday, May 7th – 8:00-3:00 for grades K - 6

Friday, May 8th – 8:00-3:00 for grades K – 6



Nasonville PTO!

A great way to get involved at Nasonville School is to become part of our parent teacher organization (PTO). We have an active and supportive PTO to which we are truly thankful. Watch for updates, ways to help, and great activity challenges from our Nasonville PTO on Facebook!

2020-2021 REQUEST CHANGES/"REGISTRATION" INFO:

For the upcoming school year, please update student and family information in Skyward Family Access by going to Student Info, Request Changes. Click on all areas you would like to verify or update. Be sure to click "Save" at the bottom of each screen that you are submitting changes for. If no changes are needed, no further action is needed.

All students will be considered as returning in the fall. If you will not be returning to the School District of Marshfield in September, please notify us of the city, state, and school where you will be moving through the Family Access "Contact Us" tab in the upper right corner or through your school office as soon as you know.

An email will be sent in August regarding back to school information.

The screenshot displays the Skyward Family Access interface. At the top, the 'Family Access' header includes the Skyward logo and 'All Students' with a dropdown arrow. The top navigation bar contains links for 'My Account', 'Contact Us' (highlighted with a red box), 'Email History', and 'Exit'. A 'Select Language' dropdown is also present. The main content area is titled 'Student Information' and features a sidebar on the left with links: Home, New Student Online Enrollment, Online Forms (highlighted with a red box), Calendar, Gradebook, Attendance, Student Info (highlighted with a red box), Food Service, Schedule, Discipline, Fee Management, and Portfolio. The central area shows a student profile with a placeholder image and fields for School (@my.marshfieldschools.org), Call, Grade, and Homeroom. Below this, there are fields for Gender, Age (Birthday), Language (ENGLISH), Graduation Year, Other ID, and Community Service (0.00 Hours). A 'View Families' link is also visible. On the right, a dropdown menu titled 'Request Changes for' (highlighted with a red box) lists options: Student Information, Family Address, * Family Information, * Emergency Information, Emergency Contacts, Change Emergency Contact Order, View History, and View Unread Denials. At the bottom, a table lists contact information:

Emergency Contacts	Primary Phone	Second Phone	Third Phone	Employer's Phone	Home Email

FROM THE DESK OF THE SCHOOL NURSES

How Can I Tell the Difference Between Coronavirus, the Flu, a Cold or Seasonal Allergies?

There are some similar symptoms between these conditions. This chart can help you figure out if you may be feeling symptoms of an allergy or a respiratory illness like Coronavirus. If you have a fever and a cough, contact your doctor.

Symptoms	Coronavirus* (COVID-19) Symptoms range from mild to severe	Cold Gradual onset of symptoms	Flu Abrupt onset of symptoms	Seasonal Allergies Abrupt onset of symptoms
 Length of symptoms	7-25 days	Less than 14 days	7-14 days	Several weeks
 Cough	Common (usually dry)	Common (mild)	Common (usually dry)	Rare (usually dry unless it triggers asthma)
 Shortness of breath	Sometimes	No**	No**	No**
 Sneezing	No	Common	No	Common
 Runny or stuffy nose	Rare	Common	Sometimes	Common
 Sore throat	Sometimes	Common	Sometimes	Sometimes (usually mild)
 Fever	Common	Short fever period	Common	No
 Feeling tired and weak	Sometimes	Sometimes	Common	Sometimes
 Headaches	Sometimes	Rare	Common	Sometimes (related to sinus pain)
 Body aches and pains	Sometimes	Common	Common	No
 Diarrhea	Sometimes	No	Sometimes for children	No

*Information is still evolving. **Allergies, colds and flus can all trigger asthma, which can lead to shortness of breath. COVID-19 is the only one associated with shortness of breath on its own. Sources: Asthma and Allergy Foundation of America, World Health Organization, Centers for Disease Control and Prevention. edited 3/27/20 • aafa.org/covid19

Both the flu & coronavirus can knock you off your feet. Allergies & a cold may make you feel tired, but they don't affect the whole body. **If you're experiencing symptoms of coronavirus call your medical provider immediately for advice.**

Asthma & Coronavirus

- It appears that individuals with asthma & other chronic lung disease may be at higher risk of developing severe symptoms resulting in hospitalization if they contract Coronavirus.
- It is very important to keep asthma under control. Continue to take your medications as prescribed. Uncontrolled asthma puts an individual at greater risk if they catch Coronavirus.
- As more studies show that people may have Coronavirus without showing symptoms, the CDC (Centers for Disease Control) now recommends that everyone wears a cloth face covering when out in public to prevent spreading the virus. You can make your own covering from scarves, bandanas, or other cloth materials. See link below: <https://www.cdc.gov/coronavirus/2019-ncov/downloads/DIY-cloth-face-covering-instructions.pdf>
- It is also important to do the following:
 - Practice social distancing
 - Stay at home unless it is essential that you go out (such as for groceries or medical care)
 - Wash your hands often with soap & water
 - Avoid people with a cough, fever, or other signs of illness
 - Take your medicines as prescribed & keep your asthma under control
- If you have asthma and become ill with a fever or cough contact your medical provider right away. They will help you determine if you should go in to see them, seek emergency care, or stay at home.
- Seek emergency medical attention for any of the following warning signs:
 - Trouble breathing
 - Persistent pain or pressure in the chest
 - Bluish lips or face
 - Confusion or inability to arouse

THERE IS NO TREATMENT FOR CORONAVIRUS AT THIS TIME, SO THE MOST IMPORTANT THING YOU CAN DO TO PROTECT YOURSELF IS TO STAY AT HOME.

We look forward to seeing our students when it becomes safe to return to school.

Judy Akin, RN, MS

Tammy Voss, RN, BSN



COMMUNITY RESOURCES

UNITED WAY – 211

United Way - 211

156 South Central Ave.

P.O. Box 771

Marshfield WI 54449

Phone: 715-384-9992

www.marshfieldareaunitedway.org

www.getconnected211.org

United Way provides information and referral services for community. United Way has been active in COVID-19 resource response efforts.

FOOD ASSISTANCE

Soup or Socks

200 S Lincoln Ave in Marshfield

Emergency food boxes provided by Soup or Socks and United Way

If there is a family with children another box of food will be provided from United Way's Nutrition on Weekends program.

Tuesday and Thursday from 11:00am to 1:00pm

CURBSIDE ONLY. DO NOT EXIT YOUR VEHICLE. 🚗🚗

📞 Deliveries will still be available on Tuesdays and Thursdays. Please let them know if you need delivery by calling 715-384-9992.

St. Vincent de Paul (SVD) food pantry is currently serving families Monday through Friday 10:00am to 3:45pm. They are keeping their pantry door locked to decrease "traffic" through their building; however, they are checking the door every 5 minutes for people coming for resources. Please bring your ID and let them know how many people are in your household.

The pantry is also continuing their "To Go" free supper meals, Monday and Wednesday evenings, 5-6pm at Fellowship entrance on Central Ave. An additional Thursday meal from a local restaurant will be provided for those attending Wednesday's meal.

Patients of St. Vincent de Paul needing a prescription refill, please call 715-387-0395 ext. 11 and leave a voicemail with your name/phone number/and name of the prescription and your call will be returned as soon as possible.

St. Vincent de Paul may be able to help with **rent**. Please call 715-387-0395 ext. 11 to apply.

COMMUNITY RESOURCES

RUBY'S PANTRY - This will be a drive-thru Pop-Up Pantry

3rd Saturday of each month

9:00 AM - 11:00 AM at the Central Wisconsin Fairground - near the Jr Fair Bldg.
513 E 17th St, Marshfield, WI.

\$20 donation per share to receive an abundance of grocery items. No income or residency requirements – everyone that eats is welcome! Bring 2 boxes, totes or baskets for your food. Shares loaded directly into trunk.

Marshfield Public Schools

Free school meals to continue during "Safer at Home" order.

Mondays, Wednesdays, and Fridays. Enough food will be provided for Tuesdays and Thursdays during these three distribution days. Sites are open to all area students. Families should still choose only one site on distribution days. Meals will include both breakfast and lunch and cannot be consumed onsite.

Pick up will continue to be from 11:00 am and 12:00 Noon in the circle drives at Marshfield High School (1401 E Becker Road), Lincoln Elementary School (17th Street), and Grant Elementary School (425 West Upham St.)

Please be advised school buildings remain closed during the "Safer at Home" order. Student Services and Instructional staff continue to be available through email for student support. District Administration can be reached at 715-387-1101.

Wood County Health Department

Let WIC help you during COVID-19. Are you a MOM, DAD, PREGNANT, GRANDPARENT, or FOSTER PARENT taking care of children under 5 years old? We provide nutritious foods and health care referrals. WIC is currently doing appointments over the phone. Call 715-421-8950 or apply online at <http://www.co.wood.wi.us/Departments/Health/WIC.aspx>

UNEMPLOYMENT & COVID-19 FAQs

For information about COVID-19 and Wisconsin Unemployment Benefits, visit https://dwd.wisconsin.gov/covid19/public/ui.htm?fbclid=IwAR3_wELYcH_vbr79awF4LtlFFWxc08ihB-ONS0tbbRY8AJk_j6Zp14cqis

COMMUNITY RESOURCES

CHILDCARE

Vacation at the Y School-Age Care from 7:00am-6:00pm
Please contact the Y at 715.387.4900 between 8:00am- 5:00pm to register.

VACATION AT THE Y IS FOR GRADES K-6

Cost is \$30 per day. Pre-registration and payment is required. *Children are to come with a sack lunch. Morning and afternoon snacks are provided. Swimming is not available to this program until further notice. Please drop your child off at the Y Main Entrance not the Youth Center Entrance. Children will be allowed to bring their e-learning materials for limited schoolwork assistance.

PARENTING

Marshfield Family Resource Center

715-387-6326 or email MDoll@chw.org

Visit us at chw.org/communityservices

Did you know... You can find us on Facebook? Find us at: Marshfield Family Resource Center

Warmline

(715) 387-6326 This is your non-emergency connection to speak with an expert on the day-to-day trials of child rearing and receive practical parenting information, tools, and advice.

Parent Chat

Parents can schedule private, individual sessions with a staff person who can provide parenting information and support or connect you with the right community resource.

National Parent Hotline

1-855- 4A PARENT (1-855-427-2736) Helpline Advocates are available Monday-Friday, 12 pm to 9pm Central Time.

Helpline advocates are available to provide emotional support and referrals to parents.

The Childhelp National Child Abuse Hotline

Call or TEXT: 1-800-4-a-child or 1-800-422-4453

www.childhelp.org

The Childhelp National Child Abuse Hotline is dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors. The hotline offers crisis intervention, information, and referrals. All calls are confidential.

COMMUNITY RESOURCES

MENTAL HEALTH

If you have a current mental health provider. Please contact them regarding telehealth options. Most local community mental health agencies are able to provide services via technology (telehealth).

If at any time you have **urgent/immediate concerns** about the well-being and safety of your child, we strongly advise you to call a Crisis Line, where mental health help is available 24/7.

Wood County (Marshfield and surrounding area): 715-384-5555

Marathon County: 715-845-4326

Clark County: 715-743-3400

National Hotline: 800-273-TALK (8255)

HOPELINE accepts texts at 741741

Families can contact their school counselors for more information or if other needs arise. The District also has School Social Workers available to connect with families and provide resource and referral information as needed.

Marshfield Community Hopeline (MCHL)

What is the Marshfield Community Hopeline (MCHL)

Mayor Bob McManus requested that as a result of the COVID-19 virus, Safer At Home and social distancing directives, the faith-based community provide a confidential hotline to provide hope, encouragement, resources and be a listening ear for our community members.

* Marshfield Community Hopeline will be referred to as MCHL.

What does the Hopeline provide?

The MCHL is a confidential way for community members to talk to caring volunteers who listen, ask questions to help discern needs, offer prayer and encouragement and/or offer resources.

What are the Hopeline hours?

The MCHL will be open 7 days/week on the following days:

Monday through Friday available 9 AM - Noon and 4 - 9 PM

Saturdays from 9 AM to 1 PM

Sundays from 1 PM to 5 PM

715-384-3188 | www.mchopeline.org

COMMUNITY RESOURCES

The Trevor Lifeline

The Trevor Project offers accredited life-saving, life-affirming programs and services to LGBTQ youth that create safe, accepting and inclusive environments over the phone, online and through text.

Trevor Lifeline 1-866-488-7386. The only national 24/7 crisis intervention and suicide prevention lifeline for LGBTQ young people under 25.

Trevor Chat A free, confidential, secure instant messaging service for LGBTQ youth that provides live help from trained volunteer counselors, open daily.

Trevor Text text START to 678678.

A free, confidential, secure service in which LGBTQ young people can text a trained Trevor counselor for support and crisis intervention.

SAMHSA Disaster Distress Helpline

(SAMHSA = Substance abuse and Mental Health Services Administration)

1-800-985-5990

<https://www.samhsa.gov/find-help/disaster-distress-helpline>

SAMHSA's Disaster Distress Helpline provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters.

PDC Orenda Center

Phone: 715-384-2971

Toll Free: 1-844-210-8899

Call or Text: 715-660-6813

PDC Orenda Center provides comprehensive advocacy and support for individuals impacted by domestic/dating violence/abuse and sexual assault. Services include crisis intervention, emergency shelter, medical advocacy, compassionate support, legal advocacy, educational resources, and referral services. All services are free of charge.

All these numbers will connect to 24/7 advocacy and support services. The shelter advocate is responding to all calls and then referring to advocacy staff as requested/appropriate. All PDC staff have agency cell phones for direct participant services.

Although the way in which services are provided at this time look a bit different, we continue to provide the full range of advocacy and support services.

COMMUNITY RESOURCES

National Domestic Violence Hotline

1-800-799-SAFE (7233) *If you are unable to speak safely, you can log onto thehotline.org or text LOVEIS to 22522.*

www.thehotline.org

National Domestic Violence Hotline provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse. Highly trained, experienced advocates offer compassionate support, crisis intervention information, educational services and referral services.

RAINN – National Sexual Assault Hotline

1-800-656-HOPE

Confidential support from a trained staff member, support finding a local health facility that is trained to care for survivors of sexual assault and offers services like sexual assault forensic exams, someone to help you talk through what happened, local resources that can assist with your next steps toward healing and recover, referrals for long term support in your area, information about the laws in your community.

FREE INTERNET

Charter Communications is offering free Spectrum broadband and Wi-Fi access for 60 days to households with K-12 and/or college students who do not already have a subscription. Offer includes a service up to 100 megabits per second. If interested, call 1-844-488-8395. Installation fees will be waived for new student households.

For current Charter customers in need of internet at a reduced cost, visit <https://www.spectrum.com/browse/content/spectrum-internet-assist>.

TDS is offering free broadband access to low-income individuals, families and college students for 60 days. To verify eligibility for this offer, residents will be asked to provide documentation from qualifying programs. For more information, call [1-888-287-8156](tel:1-888-287-8156).

TECHNOLOGY ACCESS

Northside Computers is in the process of refurbishing older Desktop PC's that will be 100% capable of accessing the Internet and completing schoolwork-related activities. These will be offered free-of-charge to anyone needing one. People are also being encouraged to donate old computers that are capable of running Windows 10, which staff will then wipe and make available. If anyone is in need of a machine, simply call 715-384-5125 or message their Facebook page (@Northsidecomputersmfd).

COMMUNITY RESOURCES

CELL PHONE ASSISTANCE

The Keep Americans Connected Pledge reads as follows:

1. not terminate service to any residential or small business customers because of their inability to pay their bills due to the disruptions caused by the coronavirus pandemic
2. waive any late fees that any residential or small business customers incur because of their economic circumstances related to the coronavirus pandemic; and
3. open its Wi-Fi hotspots to any American who needs them.

Local participating businesses:

- U.S. Cellular: 888-944-9400
- Cellcom: 800-236-0055
- AT&T: 800-288-2020
- Verizon: 800-922-0204
 - In addition, 15GB of high-speed data for wireless consumer and small business customers will be automatically applied to consumer plans from March 25 through April 30, 2020. No customer action is necessary.
- Sprint: 888-211-4727
 - In addition, Sprint is offering:
 - Customers with metered data plans will receive unlimited data per month for 60 days (a minimum of two bill cycles) at no extra cost.
 - We will provide customers with an additional 20GB of [mobile hotspot data](#) per month for 60 days (a minimum of two bill cycles) at no extra cost.
- T Mobile: 800-937-8997
 - In addition, ALL current T-Mobile and Metro by T-Mobile customers as of March 13, 2020 who have legacy plans without unlimited high-speed data will get unlimited smartphone data for the next 60 days (excluding roaming).
 - Starting March 20, 2020, providing T-Mobile and Metro by T-Mobile customers on smartphone plans with hotspot data an additional 20GB of smartphone mobile hotspot (10GB per bill cycle for the next 60 days) for each voice line. (T-Mobile Connect excluded).